

BOARD OF SUPERVISORS, COUNTY OF LAKE,
STATE OF CALIFORNIA

PROCLAMATION

DESIGNATING MAY 2024 AS MENTAL HEALTH
MATTERS MONTH IN LAKE COUNTY

WHEREAS, mental health challenges are one of the most common health conditions in California, affecting one out of seven adults, and one out of fourteen youth, and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, one out of every twenty-six Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, access to support and ending the stigma is of paramount importance; and

WHEREAS, Lake County Behavioral Health Services wishes to enhance public awareness of mental health now.

NOW, THEREFORE, BE IT PROCLAIMED the Board of Supervisors of the County of Lake join with the Department of Behavioral Health Services and do hereby designate the month of May 2024 as Mental Health Matters Month in Lake County.

PASSED AND ADOPTED this 7th day of May 2024.

ATTEST: SUSAN PARKER
Clerk to the Board

COUNTY OF LAKE

By: _____



Chair, Board of Supervisors