



**COUNTY OF LAKE**  
**CLERK OF THE BOARD OF SUPERVISORS**  
Courthouse - 255 North Forbes Street  
Lakeport, California 95453  
TELEPHONE (707) 263-2368  
FAX (707) 263-2207

**APPLICATION FOR APPOINTMENT TO LAKE COUNTY BOARDS, COMMISSIONS, AND COMMITTEES**

Application For: Big Valley Advisory Council Seat Category: Board Member  
Name of Board, Commission or Committee

Incumbent? Y/N: No Supervisorial District: 5

Applicant Name: White, Rachel  
Last, First

Home Address: Kelseyville, CA 95451  
Street City Zip Code

Mailing Address: \_\_\_\_\_  
(leave blank if same as above) Street City Zip Code

Primary Phone: [REDACTED] Email Address: rachelwhite.np@gmail.com

Current Occupation: Nurse Practitioner Are you registered to vote in Lake County? Y/N: Y

Community organizations to which you belong: California Women for Agriculture, Kelseyville Business Association

List past or present County appointments, as well as any other public service appointments, or elected positions held (please list dates served):  
I have served in board positions in volunteer organizations but have not yet been appointed or elected for county or other local office.

Briefly describe how your participation on this Board will help the Lake County Community:  
In applying my breadth of experience to this committee, I will work collaboratively with council members to cultivate positive growth.  
I care deeply for the community in which I was raised and will work tirelessly to preserve the health and safety of my fellow residents.

List any special qualifications or expertise you may have for the position and any other information you would like to include as part of your application:  
I was born and raised in Lake County. I was an employee of County of Lake and San Luis Obispo County Public Works Dept. for approximately 10 years.  
I have experience in agriculture beginning with my first job in a local pear packing facility. I then worked in ranch management in the years preceding attending grad school. I have more than 10 years of experience in health care and am currently serving my community as a Family Nurse Practitioner.

Do you or any member of your immediate family hold a position that might conflict with your duties for this Board/Commission? If yes, please explain:  
None

I certify that the above information is true and correct, and I have read the Lake County Advisory Board, Committee and Commission Conflict of Interest Policy. I agree to abide by that policy and to the best of my knowledge, I have no conflict of interest.

Rachel White (Mar 24, 2024 15:28 PDT)  
Signature

03/24/2024  
Date

For Board Use Only:  
APPOINTED YES \_\_\_ NO \_\_\_  
APPOINTED ON:

LAKE COUNTY  
ADVISORY BOARD, COMMITTEE AND COMMISSION  
CONFLICT OF INTEREST POLICY

---

POLICY

In addition to any Federal or State conflict of interest requirements which may apply, no member of any Advisory board, commission or committee shall make, participate in making or in any way attempt to use their position to influence a decision in which he or she knows or has reason to know that he or she or their spouse has a financial interest. In all such cases, the affected member shall disclose his or her interests in the records of the board, commission or committee and shall refrain from participating in all discussions and votes concerning the matter in which he/she or his/her spouse has a financial interest.

The purpose of this policy is not only to avoid actual improprieties, but also the appearance of possible improprieties. Therefore, it is the policy of the Board of Supervisors that any doubts as to whether a member shall refrain from participating in a particular matter should be resolved in favor of non-participation.

While recognizing that state law and regulations may specify categories of memberships on certain boards, commissions and committees, to the extent possible, no one shall be appointed to a board, commission or committee which recommends funding allocations to community based organizations, who is (or whose spouse is) a director, or officer of an agency or organization which competes in the funding process before that board, commission or committee.

The Clerk of the Board of Supervisors shall provide all applicants for County boards, commissions and committees with copies of this Conflict of Interest Policy. Additionally, the County's staff to each board, commission, and committee shall assist in monitoring compliance with the conflict of interest policy. Monitoring shall include annual review of appointee circumstances as they may change during each appointee's term of office.

All applicants shall state on their application for appointment what affiliation, if any, they or their spouse has with public service agencies. Additionally, all applicants shall certify prior to their participation as a voting representative of the Board of Supervisors that they have read this policy and can serve free of any conflict of interest. The certification will be made by an applicant/nominee by signing the application for their appointment. Further, should any conflict of interest arise during the appointee's term of office, the appointee shall so declare and abstain from participation on the proceeding and business as it relates to the area of conflict.

For those boards, commissions and committees which recommend funding allocations to the Board of Supervisors, no member shall participate in any discussions or decisions related to an agency of which the member or the member's spouse is a director or officer. Additionally, unless state law or regulation require otherwise, any such member shall also refrain from participation in discussions or decisions related to proposals which are in direct competition with a proposal submitted by the agency of which the member or member's spouse is a director or officer.

APPOINTMENT OF COUNTY EMPLOYEES TO ADVISORY BOARDS  
(Policies & Procedures Manual, Section 1-7)

---

In order to further community involvement in County government and to further the independence of advisory boards, it shall be the policy of the Board of Supervisors to discourage appointment of County employees to those advisory boards which are intended to consist of independent citizens and/or community members.  
(Adopted on 10/14/86 and amended on 4/12/94)

## County of Lake Code of Conduct for Boards, Commissions, and Committees

This Code of Conduct is incorporated in the Board of Supervisors, Committees Policy, Sec 1.6, Rule 6, "County of Lake Code of Conduct for Boards, Commissions, and Committees".

The County of Lake's (County's) wide range of boards, commissions, and committees serve a critical role as a mechanism for civic engagement. While no single code of conduct can address all the varied board, commission, and committee circumstances, the purpose of this universal Code of Conduct is to create standards and expectations of conduct that align with the County's values and are consistent with the protocols of the Board of Supervisors.

All members of County boards, commissions, and committees are expected to abide by this Code of Conduct. Each appointee to such boards, commissions, and committees shall acknowledge receipt, understanding, and agreement to abide by this Code of Conduct.

**By our conduct, we create an environment in which we adhere to and pledge to uphold the following values:**

- We acknowledge that the principal function of County of Lake boards, commissions, and committees (or representatives) is public service, and we therefore commit to serving the public interest and promoting the greatest public good.
- We recognize that our actions impact the community's trust in the County and government as a whole and commit to act with honesty and integrity.
- We commit to vigilance in avoiding bias or conflict of interest whether they be real or perceived, acknowledging that even the perception of such corrodes public trust.
- We commit to fairness, impartiality, active listening, and consideration of all points of view by setting aside our personal agendas, affiliations, and biases. We make informed decisions after carefully weighing relevant data and assessing the merits and possible impacts.
- We recognize that diversity is a strength and commit to promoting an inclusive and welcoming culture at public meetings and with each other to foster participation and representation across all our varied communities.
- We practice civility by fostering a professional environment of courteous, respectful, and equitable treatment of our fellow members, elected officials, County staff and the residents we serve, through our words and actions whether we agree or disagree.
- We are committed to fostering an environment free from violence, discrimination, intimidation, or harassment of any kind.
- We are committed to transparency, access to information, and promoting broad public engagement.
- We will respect and comply with all applicable laws, regulations, and County policies, including Board of Supervisors' Policy section 1.6 "Committees Policy", the County's Code of Ethics, the Political Reform Act, and the Ralph M. Brown Act.

### ACKNOWLEDGEMENT

I, Rachel White, have read, understand, and agree to abide by the above County of Lake Code of Conduct for Boards, Commissions, and Committees during my tenure as a member of a County board, commission, or committee.

Dated: 03/24/2024

Signature:  Rachel White (Mar 24, 2024 15:28 PDT)

# Advisory Board Application

Final Audit Report

2024-03-24

|                 |                                                  |
|-----------------|--------------------------------------------------|
| Created:        | 2024-03-24                                       |
| By:             | Johanna Delong (Johanna.DeLong@lakecountyca.gov) |
| Status:         | Signed                                           |
| Transaction ID: | CBJCHBCAABAARLGe0ILA87ki0cf6kz7zkPX0L72o_f5V     |

## "Advisory Board Application" History

-  Web Form created by Johanna Delong (Johanna.DeLong@lakecountyca.gov)  
2023-03-31 - 4:06:24 PM GMT
-  Web Form filled in by Rachel White (rachelwhite.np@gmail.com)  
2024-03-24 - 10:28:48 PM GMT
-  Email verification link emailed to Rachel White (rachelwhite.np@gmail.com)  
2024-03-24 - 10:28:49 PM GMT
-  Email viewed by Rachel White (rachelwhite.np@gmail.com)  
2024-03-24 - 10:29:26 PM GMT
-  E-signature verified by Rachel White (rachelwhite.np@gmail.com)  
2024-03-24 - 10:29:33 PM GMT
-  Agreement completed.  
2024-03-24 - 10:29:33 PM GMT

**RACHEL WHITE, NP**  
KELSEYVILLE, CA • RACHELWHITE.NP@GMAIL.COM

**LICENSURE AND CERTIFICATIONS**

Nurse Practitioner, California License # 95008442  
Registered Nurse, California License # 95061059  
American Academy of Nurse Practitioners Board Certification # F04180353

**PROFESSIONAL EXPERIENCE**

**Lake County Tribal Health Consortium, CA, January 2024 - Present**

**Nurse Practitioner, Primary Care**

- Perform physical examinations, conduct medical tests, diagnose illnesses, and develop treatment plans
- Personalize care for individual patients and families, offering preventative care and management of complex acute and chronic medical conditions
- Effectively communicate and collaborate with patients, families, and medical staff

**UC San Diego Health, San Diego, CA, July 2018 – October 2023**

**Nurse Practitioner, Cardiothoracic Surgery**

- Complete histories and physicals, consultations, admissions, discharges, and daily patient assessment
- Interpret diagnostic test results and consult with attending physicians on significant patient data
- Develop a comprehensive, individualized plan of care with the patient and family
- Lead, design, and implement multidisciplinary process improvement projects

**UC San Diego Health, San Diego, CA, November 2015 – July 2018**

**Clinical Nurse II, Telemetry**

- Clinical Issues: heart failure, acute MI, post-cardiac intervention, arrhythmias and valvular disease
- Collaborative care and interpretation of data to facilitate best patient outcome

**Azusa Pacific University, San Diego, CA, May 2017 – July 2018**

**Adjunct Faculty, School of Nursing**

- Develop course curriculum, conduct weekly lectures, and provide student evaluation
- Supervise and facilitate student-provided patient care in the clinical setting

**EDUCATION**

**Master of Science**, Nursing, Azusa Pacific University | San Diego, CA | December 2017

**Nursing Education Post-Master's Certificate**, Azusa Pacific University | San Diego, CA | December 2017

**Bachelor of Science**, Nursing, Azusa Pacific University | San Diego, CA | March 2015

**Bachelor of Science**, Kinesiology, California Polytechnic State University | San Luis Obispo, CA | 2011

**COMMUNITY ORGANIZATIONS**

- California Women for Agriculture • Kelseyville Business Association •

**SYMPOSIUM PRESENTATIONS**

**White, R., Kearns, M., Sharaf, K., et al.** *Donation after Circulatory Death Heart Transplantation Reduces Length of Stay and Associated Costs: A Single Center Comparison*. Poster presented at: The Annual Meeting & Scientific Sessions of the International Society for Heart and Lung Transplantation (ISHLT); April 2023; Denver, CO.

**White, R.** *Intake and output documentation for patients with CHF: A 10E practice improvement project*. Poster presented at: UC San Diego Health Frontline Leadership Academy; November 2017; San Diego, CA.

**White, R.** *Improving spiritual care in nursing through education: An evidence-based practice project*. Poster presented at: Azusa Pacific University Research Symposium; April 2015; Azusa, CA.