## BOARD OF SUPERVISORS, COUNTY OF LAKE, STATE OF CALIFORNIA PROCLAMATION

DESIGNATING THE WEEK OF SEPTEMBER 10, 2023 THROUGH SEPTEMBER 16, 2023 NATIONAL SUICIDE PREVENTION WEEK

WHEREAS, September is recognized as Suicide Prevention Awareness Month, and the week of September 10<sup>th</sup> through September 16<sup>th</sup> is National Suicide Prevention Week, which individuals, organizations, and communities bring awareness to the ongoing epidemic of suicide, bring hope to those who are struggling, offer support to those who have lost loved ones, educate and destigmatize, provide resources, and community outreach to the community in an effort to continue to prevent suicide; and

**WHEREAS,** suicide remains the 11th leading cause of death in the United States and the 2nd leading cause of death among individuals between the ages of 10 to 14 and 25 to 34; with 12.2 million people having thoughts of suicide, 3.2 million having made plans to attempt suicide, and 1.2 million who have attempted suicide;

**WHEREAS**, Lake County has the second highest rate of suicide per capita in California with 16 confirmed deaths per 100,000 total population by suicide in 2021;

**WHEREAS**, suicide affects everyone regardless of age, ethnicity, or background, and promoting and maintaining individual and community wellness, knowing the signs and symptoms of suicide, and provide adequate services to those in need will continually help in reducing and preventing suicide;

**WHEREAS**, recognizing the urgency of providing prevention and intervention services available to all residents of Lake County including those who are at high risk; and

WHEREAS, there are resources available including the 988 crisis line and text line, 741741 crisis text line, and Lake County Behavioral Health crisis line for anyone who may be experiencing suicidal ideation, or are concerned about someone they know who may be experiencing suicidal ideation; the Lake County Behavioral Health Prevention Team has trained 400 youth and adult community members in suicide prevention in 2023;

WHEREAS, community members are urged to take action for suicide prevention and strive for zero suicides by contacting Lake County Behavioral Health Services for more information regarding suicide prevention and education efforts in and around Lake County; and

**WHEREAS,** the month of September is recognized across the United States as Suicide Prevention Month, to bring awareness and prevention to each community to help find their role in preventing suicide.

**NOW, THEREFORE, BE IT PROCLAIMED**, by Lake County Behavioral Health Services and all members of the Lake County Board of Supervisors on this 19<sup>th</sup> Day of September, 2023, that the month of September 2023 to be declared 'SUICIDE PREVENTION MONTH' and that the day of September 10, 2023 be declared 'WORLD SUICIDE PREVENTION DAY.'