

Maternal, Child, &  
Adolescent Health  
(MCAH)  
Advisory Board



# What Is MCAH?

A federal- and state-funded public health program designed to improve the health of women, infants, children, and adolescents.

Key focus areas:

- Prenatal and postpartum care
- Infant and child health services (including breastfeeding, immunization and check-ups)
- Adolescent health services (e.g., Sexual health education, mental health support)
- Family planning and reproductive health
- Home visiting services



# MCAH Advisory Board

The MCAH Advisory Board will advise the Lake County MCAH staff, Department of Health Services, and Board of Supervisors on the needs of the community, the action of the MCAH Advisory Board, and provide recommendations to the MCAH staff.

The purpose of the MCAH Advisory Board is to promote and advocate for the physical, social, and emotional health of pregnant people, children, adolescents, and their families in Lake County by sharing resources and coordinating activities.

## Goals:

- Increase public awareness of the health concerns and challenges pertaining to pregnant people, children, adolescents, and their families.
- Support ongoing efforts toward building a coordinated, effective health care delivery system for pregnant people, children, adolescents, and their families.
- Promote access to health care for pregnant people, children, adolescents, and their families.
- Identify and advocate for unmet health needs of pregnant people, children, adolescents, and their families.





# Board Members

- Samantha Bond, First 5 Lake, Chair
- Soledad Aguayo, EasterSeals, Vice-Chair
- Nicole Curreri, Partnership Health Plan
- Sabrina Andrus, Mother-Wise
- Rachael Dillman Parsons, LC Social Services
- Kim Schott, WIC

# Community Participants

- Adventist Health
- First 5 Lake
- Health and Social Policy Institute
- Hope Rising
- Lake County Behavioral Health
- Lake County Public Health
- Lake County Social Services
- Lake County Tribal Health
- Lake Family Resource Center
- Redwood Community Services





# A Year Look

FY 2023-24  
Back



# Key Highlights

- Board Membership
  - Update the by-laws
  - Worked to rebuild the board
- Home Visiting Collaborative (stand alone sub-committee)
  - First 5 Lake took over and restarted HV Collab
  - Identified 3 target areas, including:
    - Defining Home Visiting for Lake County
    - Understanding changes to CalAIM
    - Bolstering relationships with Partnership Health Plan
  - Health Services MCAH uplifted Health Families Home Visiting program
- Community Engagement
  - Engaging more members of the public to attend and give feedback to the Advisory Board
- Needs Assessment
  - MCAH staff conducted a needs assessment
- Breastfeeding Coalition
  - Restarted the Breastfeeding Coalition
  - Set up the Comfort Station at local events
  - Updated the logo with plans to update flyers, signs, and education materials.



**LAKE COUNTY**

Breastfeeding  
Coalition



# State Priority Areas

## **Women/Maternal Health**

Ensure women are healthy before, during and after pregnancy.

## **Perinatal/Infant Health**

Ensure all infant are born healthy and thrive in their first year of life.

## **Child Health**

Optimize the healthy development of all children so they can flourish and reach their full potential.

## **Children & Youth with Special Health Care Needs (CYSHCN)**

Make systems of care easier to navigate for CYSHCN and their families.

## **Adolescent Health**

Enhance strengths, skills, and supports to promote positive development and ensure youth are healthy and thrive.



# Future Focus Areas

- Bring local trainings for parents and providers, especially around harm reduction and breastfeeding supports
- Substance Use during pregnancy and breastfeeding
- Address access to care, specifically Doulas, Midwives, and OBGYN
  - Help to address and reduce birth disparities
- Provide the community with more Safe Sleep information and SIDs awareness
- Increase access to screening and supports for Maternal Mental Health
- Continue with Board Recruitment

# Key Takeaways

- MCAH programs play a critical role in improving family health outcomes.
- Local efforts are essential in addressing health disparities and improve access to care.
- Continued support and innovation will drive future success.







# THANK YOU

MCAH Advisory Board meets on the:

2<sup>nd</sup> Thursday of every month  
9-10:30am

LCOE Learning Lab

To be added to the meeting invites, email:

[first5@lakecountyca.gov](mailto:first5@lakecountyca.gov)