

BOARD OF SUPERVISORS, COUNTY OF LAKE, STATE OF CALIFORNIA
PROCLAMATION

DESIGNATING THE MONTH OF MAY 2024 MENTAL HEALTH MATTERS MONTH

Every day, millions of people face stigma related to mental illness, causing many to face their mental health challenges for years without help. Each May, Mental Health Matters Month provides the opportunity for everyone to come together to illuminate mental health awareness in an effort to stop the stigma. Bringing forth this awareness is crucial to helping people reach out for the assistance they deserve.

WHEREAS, Mental health challenges are one of the most common health conditions in the California, affecting one out of seven adults, and one out of fourteen youth, and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, One out of every twenty-six Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, Creating a community where everyone feels comfortable reaching out for the support, they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to support and ending the stigma is of paramount importance; and

WHEREAS, Lake County Behavioral Health Services wishes to enhance public awareness of mental health now; and

NOW, THEREFORE, BE IT RESOLVED that the County of Lake Board of Supervisors join with the Department of Behavioral Health Services and do hereby proclaim that May 2024 is Mental Health Matters Month in the County of Lake.

PASSED AND ADOPTED this 7th day of May, 2024.

ATTEST: SUSAN PARKER
Clerk of the Board of Supervisors

COUNTY OF LAKE

By:_____

Chair, Board of Supervisors