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# SHEILA MCCARTHY

2386 HILLTOP DRIVE, WILLITS, CA 95490

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## ***PROFESSIONAL SUMMARY***

Hard working, compassionate pediatric Occupational Therapist offering 40 years of experience. I have strong interpersonal skills and proficiency in client assessment, time management and therapy-program design and execution. I have worked in clinic, school and home settings. I am a enthusiastic team player, deeply committed to delivering quality care as a pediatric Occupational Therapist .

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## ***SKILLS***

- Patient assessment expert
  - Adaptive to changing environments
  - Program development
  - Patient-focused therapy
  - Trained in motor and cognitive skills therapy
  - Pediatrics knowledge
  - IEP familiarity
  - Focused on consistent, quality care
  - Feeding and oral motor therapy aptness
  - First Aid and CPR certified
  - Mother of 4 children
  - Adept at working with special needs children
  - Patient evaluation/intervention
  - Advanced practice in swallowing/feeding
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## ***WORK HISTORY***

### **CALIFORNIA HAWAII ELKS MAJOR PROJECT**

*Occupational Therapist, Pediatrics | Fresno | May 1988 - Current*

- Evaluated and treated a wide range of conditions, including children with a variety of syndromes, cerebral palsy, feeding difficulties, to children with sensory processing difficulties.
- Educated family members regarding diagnosis, and therapeutic treatments for home program.
- Planned and administered a wide range of treatments and therapeutic exercise programs with the goal to have the child become as independent and self sufficient as possible.
- Recorded detailed prognosis, treatment, responses and progress notes in clients charts.
- Conducted precise assessments of children's development specializing in gross and fine motor skills, activities of daily living and perceptual /sensory development to determine their functional abilities.
- Communicated effectively with other care providers involved with the families including physicians,

nurses, and other agencies to provide for continuity of clients therapy program and the child's needs.

- Interpreted results and proposed intervention plans, including short and long-range goals, frequency and duration.
  - Treated each patient according to a written plan of care to meet predetermined goals.
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## ***EDUCATION***

**BACHELOR OF SCIENCE** Occupational Therapy

San Jose State University

*San Jose, Ca. | 1970*

- Emphasis in Occupational Therapy with a minor in psychology
- Completed over 360 hours of continuing education since joining the Major Project in order to enhance my skills in treating children with special needs including cranial sacral therapy, myofascial release, swallowing and feeding courses, yoga for children, and sensory processing difficulties to name a few.

*The National Board for Certification in Occupational Therapy, Inc.®*

NBCOT

*affirms that*

SHEILA J. MCCARTHY

*has fulfilled the certification renewal requirements set forth by the Board of Directors  
to maintain the designation of*

OCCUPATIONAL THERAPIST REGISTERED OTR®

*S*

*and thereby is entitled to all rights, privileges and responsibilities pertaining thereto.*

CERTIFICATION NUMBER:  
AA04111

INITIAL CERTIFICATION DATE:  
06/01/1970

VALID THROUGH:  
03/31/2020

*Paul Grace*

*Paul Grace*

PRESIDENT & CEO, NBCOT

*Dennis J. Tobin*

*Dennis Tobin*

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<b>OCCUPATIONAL THERAPIST</b>		
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<b>License No.</b> OT3509	<b>Expiration</b> 09/30/2019	
SHEILA J MCCARTHY 2386 HILLTOP DR WILLITS, CA 95490	<b>Original Issuance Date:</b> 11/18/2002	
<b>Signature</b>	<b>Receipt No.</b> 12429	

<b>License No.</b>	<b>Expiration Date</b>	<b>Receipt No.</b>
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