



California Gold Country Region  
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Sacramento, CA 95815  
916-993-7070

Greetings,

Thank you for celebrating Red Cross Month with us today! We value your time, partnership, and all you do for the community.

The Mission of the American Red Cross is to *prevent and alleviate human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors*. The American Red Cross has been able to provide help, comfort, and services for more than 130 years because of the tireless and dedicated work of its volunteers and partners. As a nonprofit organization, the Red Cross depends on the public's generosity to perform its humanitarian mission, and we appreciate all your support.

This folder contains information about volunteer opportunities and free services available to the community through the American Red Cross. Please feel free to share this information and contact us if you have any questions. We are excited to assist in any way we can. Thank you again for having us today for this proclamation of Red Cross Month.

**Best Wishes,**

**California Gold Country Staff**



**American  
Red Cross**

# Disaster Action Team

***Now Recruiting Members  
for the California Gold Country Region!***



## **What is a Disaster Action Team (DAT)?**

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The Disaster Action Team (DAT) serves as the first Red Cross contact at the scene of a disaster. As a lifeline for people facing the most difficult crisis of their lives, the Red Cross Disaster Action Team supports those affected by fires, floods and other natural or man-made disasters. The California Gold Country Region responds to a local emergency - most often house or apartment fires - an average of once every 11 hours!

These teams are providing the first steps in the recovery process for those directly impacted by a disaster. A Disaster Action Team generally consists of a team leader, team member, and one or two

## **What are the criteria and commitment?**

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- Must be 18 years of age or older
- Have a valid driver's license or reliable form of transportation
- Possess strong interpersonal communication and problem-solving skills
- Able to work with clients under stress while remaining objective and empathetic
- Able to promote and maintain productive working relationships with a variety of individuals from diverse backgrounds
- Able to interpret and apply Red Cross policies and procedures appropriately
- Commit to a minimum on call rotation for your territory's needs each month.



## **How do I get involved?**

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Apply to become a Red Cross volunteer!

- Go to [www.redcross.org/goldcountry](http://www.redcross.org/goldcountry)
- Fill out an application to become a volunteer. Make note of your username and password.
- After completing the application and background check, you will be interviewed by our screening team and referred to your local disaster dept for training.

Specific responsibilities include:

- Responding immediately to dispatches
- Performing disaster assessments
- Compassionately interviewing clients

[www.RedCross.org/GoldCountry](http://www.RedCross.org/GoldCountry)



American  
Red Cross

# Disaster Deployment

***Now Recruiting Members  
for the California Gold Country Region!***



## What is Disaster Deployment?

Large disasters that exceed the resources of the local chapter are managed and supported by the American Red Cross at a national level. Hurricanes, major flooding, tornadoes and major earthquakes generally fall into this category. Pre-trained disaster response volunteers from the California Gold Country Region may be deployed to assist with these efforts. Volunteer assignments for national responses last for a period of two to three weeks. Volunteers receive training and are assigned according to their specialty areas, which cover all aspects of the operation from logistics and mass care to client services to staffing, and public affairs..

***All disaster assistance is free,  
made possible by voluntary  
donations of time and money  
from people in our community.***

## What are the criteria and commitment?

- Must be 18 years of age or older
- Have a valid driver's license and a reliable form of transportation
- Possess strong interpersonal communication and problem-solving skills
- Able to work with clients under stress while remaining objective and empathetic
- Able to promote and maintain productive working relationships with a variety of individuals from diverse backgrounds
- Able to interpret and apply Red Cross policies and procedures appropriately
- Commit to a minimum of two—three weeks for an out of area deployment.



[www.RedCross.org/GoldCountry](http://www.RedCross.org/GoldCountry)

## How do I get involved?

Apply to become a Red Cross volunteer!

- Go to [www.redcross.org/goldcountry](http://www.redcross.org/goldcountry)
- Fill out an application to become a volunteer. Make note of your username and password.
- After completing the application and background check, you will be interviewed by our screening team and referred to your local disaster dept for training.

Specific responsibilities include:

- Responding quickly to a deployment request
- Performing duties as assigned which may change frequently
- Compassionately work with clients in sheltering, feeding, distribution or various other roles.
- Working effectively as part of a team





**JUST ONE DAY OF YOUR LIFE CAN CHANGE SOMEONE ELSE'S FOREVER.**



Working smoke alarms can cut the risk of death from home fires in half. That's why we're rallying volunteers to *Sound the Alarm* in CA Gold Country Region. Experience a rewarding day connecting with other volunteers and the families you'll help. Since 2014, we've made more than 1 million homes safer nationwide.

4/20/24 - Sacramento, CA  
4/20/24 - Roseville, CA  
4/20/24 - Ukiah, CA

4/27/24 - Woodland, CA  
4/27/24 - Yuba City, CA  
4/27/24 - Red Bluff, CA

5/4/24 - Westwood, CA  
5/4/24 - Sonora, CA  
5/11/24 - Samoa, CA



Scan to learn more.

**Volunteer at [SoundTheAlarm.org/goldcountry](https://SoundTheAlarm.org/goldcountry)**



**FEMA**

**To learn more about how to receive a FREE smoke alarm installation & home fire education to prepare your household today, please visit us at:**

<https://www.redcross.org/local/california/gold-country/about-us/our-work/home-fire-campaign.html>

Or contact us at +1 833-465-1247

In a home  
fire, can your  
family safely  
escape in just  
2 minutes?



**Home fires claim seven lives every day, but you can help change that. Join our national movement and pledge to keep your family safe by taking 2 simple steps:**



Practice your  
2-minute drill.



Test your smoke  
alarms monthly.

The American Red Cross is preparing families to act quickly through our Home Fire Campaign. Red Cross educators will provide tailored information on how to protect your home and reduce fire risks. During the virtual appointment, Red Cross-trained volunteers will:

- Provide assistance in testing your current smoke alarms
- Help you develop a personalized home fire escape plan
- Provide valuable fire safety tips and training for your household
- Discuss the local wildfire hazards specific to your area

  
**SOUND THE ALARM**  
save a Life



American Red Cross  
California Gold Country Region

# PREPAREDNESS PRESENTATIONS

FREE EDUCATION

## Be Red Cross Ready

Prepare so you can protect.

**Be Red Cross Ready** 60-minute preparedness education curriculum for adults and older youth (12+) that is designed to help people understand, prepare for, and respond appropriately to disasters.



**The Pillowcase Project** 60-minute presentation catered to students 3rd-5th grade to teach them the best ways to stay safe during emergencies that can occur in their communities.

### American Red Cross **Ready Rating**

**Ready Rating** All-in-one place to help businesses, schools, and organizations become prepared for disasters and other emergencies.

Questions?

[kim.taa@redcross.org](mailto:kim.taa@redcross.org)



**Hand-Only CPR** 30-minute life-saving presentation that teaches how to do chest compressions in the event of an emergency



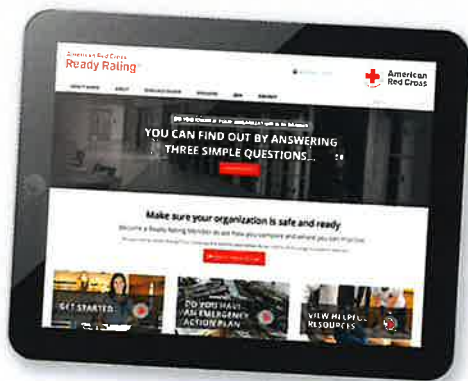
**Prepare with Pedro** 30-minute presentation catered to students K-2nd that teaches them how to be prepared and take action during a disaster.



**American Red Cross**  
California Gold Country Region



# Is Your Organization Prepared For Disasters?



Visit [ReadyRating.org](http://ReadyRating.org)



## What Is Ready Rating?

Our free membership program is designed to help your business, school or organization become better prepared for disasters and other emergencies.

Member organizations have access to an online assessment that's easy to use and measures their current readiness level. And based on their score, receive immediate customized feedback from the American Red Cross emergency preparedness experts. Then members receive the tools and resources needed to take the important preparedness steps.

## Become a Ready Rating Member

- 1 Make Preparedness a Priority**  
It's easy once you make the decision to prioritize. Join today at [ReadyRating.org](http://ReadyRating.org)
- 2 Take an Assessment**  
Identify possible emergencies — internal or external and their potential impact on your organization. You can choose from:  
  
**ReadyGo** - quick assessment that takes less than 5 minutes to complete.  
  
**ReadyAdvance** - detailed assessment to learn your areas for improvement
- 3 Create your Emergency Action Plan (EAP)**  
Outline the steps your organization will take before, during and after an emergency.
- 4 Stay Prepared!**  
Train your staff, practice your EAP and integrate preparedness into the culture of your organization.

## READY RATING MEMBERSHIP BENEFITS:



Immediate customized feedback and recommendations to improve preparedness.



Access to assessments, tools and resources developed by Red Cross emergency preparedness experts.



Organizations that join and make a commitment to preparedness have access to the Ready Rating Program Member Seal to display at your facility. It serves as a public recognition of your organization's commitment to preparedness and safety.



**American Red Cross**

For more information or to join visit [ReadyRating.org](http://ReadyRating.org)



**BE READY TO  
SAVE A LIFE**  
with  
Hands-Only CPR

It's easy to learn. You can increase the chance of someone surviving a cardiac emergency by taking a **FREE** American Red Cross 30-minute class.

More than 350,000 cardiac arrests occur outside a hospital each year. Learn how to deliver lifesaving CPR care without rescue breaths and be prepared.

When you immediately provide Hands-Only CPR, you can increase the chance of survival.

**To learn more or sign-up for a free 30-minute class, please contact:**

Kim Ta-a  
[kim.taa@redcross.org](mailto:kim.taa@redcross.org)

You can get started today, by watching a free video tutorial at [redcross.org/handsonly](http://redcross.org/handsonly)



**American  
Red Cross**



# Get a kit. Make a plan. Be informed.

It's important to prepare for possible disasters and other emergencies. Natural and human-caused disasters can strike suddenly, at anytime and anywhere. There are certain actions everyone can take that can help make a difference.



**American Red Cross**  
California Gold Country Region

## Be Red Cross Ready Checklist

- ☐ I know what emergencies or disasters are most likely to occur in my community.
- ☐ I have a family disaster plan and have practiced it.
- ☐ I have an emergency-preparedness kit.
- ☐ At least one member of my household is trained in first aid and CPR/AED.

## Get a kit

- 1 gallon of water per person per day
- 3-day supply of non-perishable, easy-to-prepare food
- Medical items
- Flashlight
- Extra batteries
- Battery-powered or hand-crank radio
- Copies of personal documents
- Cell phone with chargers
- Family and emergency contact information
- Maps of the area



## Make a plan

- Meet with your household members; discuss how to prepare for emergencies likely to happen where you live, learn, work and play.
- Identify responsibilities for each family member.
- Choose two places to meet, if separated by an emergency:
  - Right outside your home in case of a sudden emergency, such as fire.
  - Outside your neighborhood, in case you cannot return home or are asked to evacuate.
- Choose out-of-area emergency contact; all household members should have emergency-contact information in writing or in their cell phones.

## Plan what to do if you have to evacuate

- Decide what route you would take and how you would get there.
- Practice evacuating home twice a year.
- Plan ahead for your pets. Keep a phone list of pet-friendly hotels/motels and animal shelters.

## Be informed

- Identify how local authorities will notify you during a disaster and how you will get information, whether through local radio, TV or NOAA Weather Radio stations.
- Know the difference between different weather alerts, such as watches and warnings, and what actions to take in each.

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To learn more about disaster preparedness, visit [redcross.org/goldcountry](http://redcross.org/goldcountry).

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# Volunteer

# Application

## Guide

*How to become a Volunteer for the American Red Cross*

### STEP 1 - CREATE A RED CROSS ID

- ☐ Navigate your web browser to [redcross.org/volunteer](http://redcross.org/volunteer)
- ☐ Click "Apply Now" to start your application.
- ☐ Create a Red Cross ID (Keep your login information)

### 2: CONFIRM YOUR ACCOUNT

- Fill in your contact information
- Choose how you would like to receive your confirmation code: via text or email and click "Send Me the Code".

### 3: COMPLETE FINAL STEPS

- Read and Agree to Red Cross Policies
- Upload ID
- Authorize Background Check

Once you finish your application, you will be asked to fill out an interview form or sign up for a phone interview. This is when we ensure you are matched up with the correct activities and a supervisor. Please mention how you heard about us.

There are many opportunities and time schedules available.

**Questions? Please reach us at [goldcountry.vol@redcross.org](mailto:goldcountry.vol@redcross.org)**



## *SERVICE TO THE ARMED FORCES*

Today, as in decades past, the Red Cross continues to carry out its mission to provide humanitarian support to our military -around the clock, across the country, and around the world under a trusted symbol.

"I've been a lot of places around the world.. the Red Cross is always there."

**Mark Guillemette, 21st Combat Support Hospital, Fort Hood, Texas**

Red Cross services include:

- Providing emergency communication services

Assisting our military, veterans and their families 24 hours a day, 365 days a year. through sending emergency messages, meeting critical needs, and providing access to financial assistance.

- Supporting military and veteran medical facilities

Red Cross volunteers provide support in Veterans Affairs and military medical facilities around the world.

- Building strong, resilient families

The Red Cross teaches resiliency skills through three impactful programs, they help military families to handle emergencies and natural disasters where ever they are, and the Red Cross helps military families develop job skills.

**Volunteer to help a service member today! [redcross.org/goldcountry](http://redcross.org/goldcountry)**



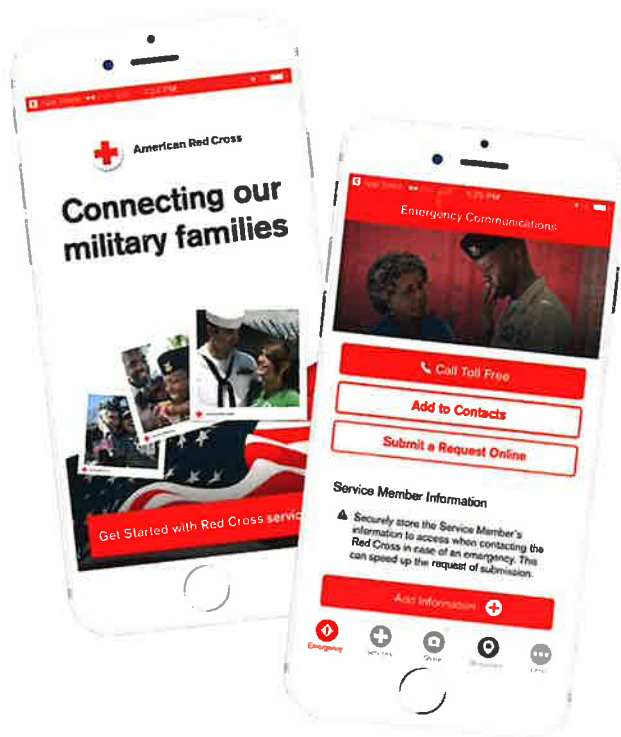
**American  
Red Cross**

Service to the Armed Forces



# FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



## Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



**Text GETHEROCARE to 90999** to receive a link to download the app.  
Scan the QR Code to the right, or visit [redcross.org/mobileapps](https://redcross.org/mobileapps) to download the app through the Apple App Store or Google Play Store.



For other Red Cross tools and preparedness information, visit [redcross.org/mobileapps](https://redcross.org/mobileapps) to download additional FREE mobile apps today.

