

BOARD OF SUPERVISORS, COUNTY OF LAKE,  
STATE OF CALIFORNIA

# *Proclamation*

**DESIGNATING THE MONTH OF MAY 2017 AS  
MATERNAL MENTAL HEALTH AWARENESS MONTH**

**WHEREAS,** Maternal mental health is an issue of great concern to Lake County's parents, families, and health care providers, and many women are not adequately informed about, screened, or treated for pregnancy and postpartum mood and anxiety disorders; and

**WHEREAS,** health service providers and community support systems must be able to identify risk factors and symptoms in order to provide prompt diagnosis, treatment, and support services that enable full and speedy recovery; and

**WHEREAS,** heightened awareness and stigma reductions are essential for improving outcomes for mothers, children, families, and communities; and

**WHEREAS,** pregnancy and postpartum mood and anxiety disorders are highly treatable through therapeutic intervention, community-based supportive services, and medication; and

**WHEREAS,** Mother-Wise, is a proactive program that helps mothers and families through the transition with a new baby, to prevent and lessen the effects of perinatal mood and anxiety disorders. Funded through Lake County Behavioral Health by Proposition 63 - The Mental Health Services Act, Mother-wise also enjoys the support of many other local and regional programs, including Children's Council, First 5 Lake Commission, Lake County Public Health, Centro Latino "La Voz De La Esperanza" (Latino Wellness Center The Voice of Hope), Lake County Tribal Health Consortium, Circle of Native Minds Wellness Center, Sutter Lakeside Hospital Family Birth Center, Sutter Lakeside Community Clinic, Mendocino Community Health Clinic, Lake Family Resource Center, Redwood Community Services, Inc., NEST Program, Lake County Hero Project, Lake County Breastfeeding Coalition, Easter Seals Bay Area, E Center WIC Program, Planned Parenthood Northern California, Health Leadership Network, and the Maternal, Child, Adolescent Health Advisory Board. These diverse groups are working with Mother-Wise to reduce the frequency and severity of perinatal mood disorders in Lake County.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Lake County Board of Supervisors does hereby designate the month of May 2017, as **MATERNAL MENTAL HEALTH AWARENESS MONTH**, and does commend this observance to all citizens.

PASSED AND ADOPTED this 2<sup>nd</sup> day of May, 2017.

ATTEST: CAROL J. HUCHINGSON

COUNTY OF LAKE

Clerk of the Board of Supervisors

By: \_\_\_\_\_  
Deputy

\_\_\_\_\_  
Chair, Board of Supervisors