

BOARD OF SUPERVISORS, COUNTY OF LAKE,
STATE OF CALIFORNIA

PROCLAMATION

Mental Health Month 2019

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, Lake County Behavioral Health Services along with each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, BE IT PROCLAIMED that the Lake County Board of Supervisors does hereby proclaim May 2019 as **Mental Health Month** in Lake County and calls upon the citizens, government agencies, public and private institutions, businesses and schools in Lake County to recommit our community to increasing the awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.