

Senior Center Service Area		Congregate Meals (C1) Picked up or Delivered		Home Delivered Meals (C2)	
		March	April	March	April
Lakeport Senior Center	Lakeport, Nice, Lucerne, Kelseyville	1637	3472	6722	7886
Live Oak Senior Center	Clearlake Oaks, Spring Valley, Glenhaven	694	617	1095	1430
Highlands Senior Center	Clearlake, Lower Lake	900	1081	4239	6857
Middletown Senior Center	Middletown, Cobb, Hidden Valley	619	1051	1173	1354
		Total meals served in March – 17,079			
		Total meals served in April – 23,748			

- This table represents all meals served to people over the age of 60 in Lake County.

Eligible Service Population for Title III C-1 and C-2 means individuals sixty (60) years of age or older, with emphasis on those in greatest economic and social need with particular attention to low-income minority older individuals, older individuals with LEP, and older individuals residing in rural areas. [OAA § 305 (a)(2)(E); 22 CCR 7125, 7127, 7130, 7135]

Individuals eligible to receive a meal at a congregate nutrition site for no cost are:

- Any older individual.
- The spouse of any older individual.
- A person with a disability, under age sixty (60) who resides in housing facilities occupied primarily by older individuals at which congregate nutrition services are provided.
- A disabled individual who resides at home with and accompanies an older individual who participates in the program.
- A volunteer under age sixty (60), if doing so will not deprive an older individual sixty (60) or older of a meal.
- [CCR 7636.9(b)(3); CCR 7638.7(b) and OAA 339(H)]

Individuals eligible to receive a home-delivered meal are individuals who are:

- Frail as defined by 22 CCR 7119, homebound by reason of illness or disability, or otherwise isolated. (These individuals shall be given priority in the delivery of services.)
- [45 CFR 1321.69(a)].
- A spouse of a person in 22 CCR 7638.7(c)(2), regardless of age or condition, if an assessment concludes that is in the best interest of the homebound older individual.
- (iii). An individual with a disability who resides at home with older individuals, if an assessment concludes that it is in the best interest of the homebound older individual who participates in the program.

FAQ Guidance received from CA Dept. on Aging in response to COVID

Can we provide meals to a person with a disability under age 60 who resides with an eligible older adult receiving C-1 or C-2 meals?

The Older American Act (OAA) permits the provision of nutrition services to older individuals and their spouses, individuals with disabilities who are not older individuals but who reside in housing facilities occupied primarily by older individuals at which congregate nutrition services are provided, and to individuals with disabilities who reside at home with eligible older individuals.

During the current shelter at home order, all meals are either picked up or delivered to client homes; therefore, a person with a disability who lives with a C-1 or C-2 client is eligible to receive a meal.

Also, under the Title III E Family Caregiver Support Program, individuals who reside with an eligible caregiver could be served if it would benefit the caregiver and enhance the ability of the caregiver to continue providing care to the care recipient. As an example, a grandchild being raised by a grandparent could be served a meal if it would assist the grandparent.


REVISED: Can service providers deliver meals to registered C-1 clients who are unable to attend a congregate meal site (example: site closure or transportation issue) or who are unwilling (example: social distancing) to pick-up meals distributed onsite?

Yes. Meals delivered to congregate clients who are unable or unwilling to attend a congregate meal or unable or unwilling to pick up meals distributed onsite are counted as C-1 meals in CARS (or in the database used) and are also to be tracked as "C-1 COVID19". The AAA should have a system in place to track "C-1 COVID19" meals.

Please continue following the guidance above. Continue to count meals delivered to C-1 clients as C-1 meals and track them as "C-1 COVID19" meals. Any changes in guidance from the ACL that could result in revisions to how these meals are counted will be taken care of internally by the CDA and no AAA process or procedural changes will be required.

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Meals delivered to congregate clients should not be counted as C-2 meals since the congregate clients do not have the other characteristics of C-2 clients such as the need for assistance with ADLs, lack of ability to prepare meals independently, etc.