



Lake County Behavioral Health Services
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March 17, 2020

Lake County Board of Supervisors
255 N Forbes St, St. 109
Lakeport, CA 95453

RE: Request for a Leave of Absence for Educational Purposes

I am currently employed as a Mental Health Team Leader II with Lake County Behavioral Health. One of the requirements to maintain my current position is a license or waiver to conduct clinical duties. I currently possess a mental health waiver as a psychologist trainee which is due to expire in January, 2022. I have been enrolled as a Psy.D student in Alliant International University – California School of Professional Psychology for the past four years and have reached the point in my academic program that I must complete a year-long pre-doctoral internship at an accredited internship site.

I have been accepted to complete my one-year pre-doctoral internship experience with Kaiser Permanente - Santa Rosa, Mental Health and Wellness Program. The duration of this internship experience will extend from 31 August, 2020 through 27 August, 2021. My ability to become a licensed psychologist depends upon my completion of this final degree requirement, which is an essential requirement to maintain my current job position with Lake County Behavioral Health.

This internship experience will improve my ability and proficiency in clinical work which will be a benefit within our underserved community. Unfortunately, this internship experience pays a minimal student stipend for the training year (less than 50% of my current salary) which poses a significant personal financial hardship. I am requesting that the Board grant me a leave of absence for education and training with pay from 31 August, 2020 through 27 August, 2021. I plan to return to my current position with Lake County Behavioral Health immediately upon the completion of my internship experience. Thank you for your time and consideration.

Respectfully,

Melissa Mathis, Waivered Psychologist
Lake County Behavioral Health Services
Crisis-Forensic-Access Team Leader II
7000 R South Center Dr.
Clearlake CA, 95422
707-994-7090 ext. 26193

"To improve the quality of life for the people of Lake County experiencing mental illness or substance abuse by offering recovery-oriented services."

SECTION ELEVEN

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all County officers and employees, subpoenaed under similar circumstances to testify concerning matters and things learned, determined or acquired, in the course and scope of employment.

1507 EDUCATION AND TRAINING LEAVE -The Board may, by a four-fifths (4/5) vote, grant a leave of absence with pay for education and training if it finds that such a leave of absence is in the best interest of the County by providing for advanced professional, educational or skills training that will improve the ability and proficiency of a County employee in performing his/her job.

When a leave of absence with pay is granted, the Board will define the terms and duration of the leave and the leave may not extend beyond that time which was originally approved without further Board action.

1508 LEAVE WITH PAY - Upon the determination by a department head or his/her designee that an employee should be removed from duty pending proposed disciplinary action, such employee may be placed on leave with pay when:

1. The employee's presence at work will obstruct, hamper, or otherwise hinder the investigation into the allegations
2. The employee poses a threat to the department/County; or
3. Termination of the employee is the likely outcome if the allegations are upheld.

Such leave shall extend for the actual period necessary to complete an investigation into the allegations; however, such leave shall not exceed 45 calendar days except as provided by this rule. At the conclusion of the investigation or the 45 calendar days of paid leave, whichever is sooner, the employee shall be served with a notice of proposed discipline or shall be instructed to return to active work at the beginning of the next work shift. If discipline is proposed then leave with pay shall extend through the period required to complete the pre disciplinary process.

Extensions to the 45-day investigation limit must be requested by the department head in advance and in writing using the required form. Approval of an extension request requires the concurrence of both the Human Resources Director and the County Administrative Officer.

While on administrative Leave with Pay, the employee is required to continue to adhere to all Lake County Personnel Rules and Policies and must remain available to the Department Head or his/her designee during the employee's normal work day.

For any County employee who has been placed on administrative Leave with Pay prior to the adoption of this Policy where such leave is ongoing at the time the Policy is adopted, the 45-day limitation described herein above shall begin to run as to any such employee as of the effective date of this Policy.

1509 MILITARY LEAVE

1509.1 Temporary Duty - Any regular employee who is on temporary military leave of absence and who has been in the service of the County for a period of one year immediately prior to the day on which the absence begins shall be entitled to

Alliant International University

Catalog 2016-2017

[ARCHIVED CATALOG]

Clinical Psychology: PsyD, Sacramento

The Clinical Psychology doctoral programs prepare students to function as multifaceted clinical psychologists through curricula based on an integration of psychological theory, research and practice. The Clinical Psychology PsyD program is a practitioner oriented program. The Clinical Psychology curricula have four major areas of study: foundations of psychology, clinical and professional theory and skills, applied clinical research and professional growth. Students can follow their own clinical interests and further their individual career goals by selecting a specialized series of courses, research and field placements related to a particular area.

The Sacramento Clinical PsyD Program is a practitioner-scholar program accredited by the Commission on Accreditation of the American Psychological Association (750 First Street NE, Washington, DC 20002-4242; Phone: 202-336-5979; Email: apaaccred@apa.org; Web: www.apa.org/ed/accreditation).

Program Goals

GOAL 1: Foundational Science of Psychology competence incorporates the foundations of scientific psychology (Social and Developmental Psychology, History and Systems, Biological Science, and Cognitive and Affective Bases of Behavior) into clinical practice linking the core sciences with contemporary thought, research and practice in psychology.

GOAL 2: Intervention skills enable students to plan, implement, and evaluate their therapeutic endeavors within a cultural framework, using multiple methods with diverse populations.

GOAL 3: Professional Practice proficiency prepares students to demonstrate ethical and legal behavior in a variety of practice settings, with a clear understanding of their professional role.

integral part of the mission and structure of CSPP, the program's competencies are well aligned with the university's mission to prepare "students for professional careers of service and leadership" and to promote "the discovery and application of knowledge to improve the lives of people in diverse cultures and communities around the world."

Field Training

The PsyD program emphasizes the integration of academic coursework with clinical practice. Skills learned in the classroom are quickly put to practice as students participate in their professional training experiences (or practica). Students receive supervised clinical training through five semesters of practicum and one year of full-time pre-doctoral internship.

Students registered for practicum are required to have both an on-site licensed psychologist as a supervisor and a campus-based faculty supervisor. At minimum, students meet with their site supervisor once per week for individual and group supervision and their campus-based supervisor for group supervision. Scheduling of when students are on-site is determined by the site coordinator or supervisor but students should expect to be present at their training site on a weekly basis (15 - 20 hours per week depending on training year) and attend weekly campus-based supervision.

Students begin practicum during the 2nd semester of their first year. This first year practicum requires 15 hours per week for 15 weeks (approximately 200 hours) and draws on the skills learned during the first term in courses designed to prepare students for practice (such as Introduction to Psychotherapy, Advanced Psychopathology, Introduction to Ethical Practice & Law, and Intellectual Assessment). In the second and third years, practica are typically 20 hours per week for 40 weeks (approximately 800 hours each year), utilizing psychotherapy and assessment skills in a variety of settings. Practicum placements are available in agencies with a variety of theoretical approaches and serving demographically and culturally diverse populations. Students are required to train in different settings each year, gaining experience with different populations in order to ensure a broad base of training. In addition to onsite supervision, students participate in campus-based supervision with core faculty.

The Office of Professional Training (OPT) Liaison assigns students to agencies based how the available training experiences match individual practicum learning plans, developed for each student to provide a breadth of experiences in keeping with the student's level of experience and career goals. Each practicum

consult with their academic advisor immediately if they believe they can reduce their time to completion, as specific course sequences are necessary for this to occur.

Regardless of the number of transfer units allowed, a student must complete all requirements remaining in the core areas for which transfer credit was not allowed.

Approval of the course syllabus is required for every course requested for transfer. It is the student's responsibility to obtain this documentation, as well as any additional material requested (e.g., a sample work product). Requests for transfer that require additional material include 1) Introduction to Psychotherapy and 2) any required assessment course.

In order to apply for transfer credit for a required assessment course, students should submit 1) syllabi of graduate level coursework in assessment and 2) a sample report (with all identifying information removed) reflecting the student's ability to integrate assessments specific to the course requested for transfer). Requests to transfer Intellectual Assessment should include documentation of coursework in both cognitive and achievement assessment. Requests to transfer Personality Assessment should include documentation of coursework in both objective and projective assessment. Submitted materials will be reviewed by an assessment instructor and a recommendation forwarded to the Program Director.

In order to apply for transfer credit for Introduction to Psychotherapy, students should submit 1) syllabi of graduate level coursework in basic counseling skills, and 2) a 30-minute videotaped role play therapy session so the student's basic counseling skills can be assessed. Submitted materials will be reviewed by the instructor of Introduction to Psychotherapy and a recommendation forwarded to the Program Director.

In order to apply for transfer credit for a required assessment course, students should submit 1) syllabi of graduate level coursework in assessment and 2) a sample report (with all identifying information removed) reflecting the student's ability to integrate assessments specific to the course requested for waiver (submission process can be discussed with the admissions counselor). Requests to waive Intellectual Assessment should include documentation of coursework in both cognitive and achievement assessment. Requests to waive Personality Assessment should include documentation of coursework in both objective and projective assessment. Submitted materials will be reviewed by an assessment instructor and a recommendation forwarded to the Program Director.

- research competency through successful defense of the dissertation proposal at the Preliminary Oral Examination; and
- integrated clinical competency by successful completion of the Clinical Competency Progress Review (CPPR)

A score of 3.5 or higher on the Analytic Writing portion of the GRE general test or the GRE ScoreITNow Writing Exam, to be taken prior to the start of classes. (Note: this exam will not be used to decide admissions, but is solely a requirement for those admitted students intending to enroll). Students scoring below a 3.5, are also required to complete writing course(s) that is outside the required units of the program and approved by the program director and/or student advisor.

Foundational Science exams are offered at the end of each semester (during finals week) and are intended to be taken at the end of the term in which the student completes the related course. The CPPR is offered annually and is intended to be taken after the student has completed his or her 2nd year of study. Failure to pass these exams will lead to remediation. Repeated failure may lead to dismissal. Students may not apply for internship until they have met all requirements for advancement to candidacy.

Students must also complete a total of 30 personal psychotherapy hours with a licensed psychologist.

Curriculum Plan

Courses are 3 units, unless otherwise indicated.

Course sequencing is subject to change at any time. While every effort will be made to keep students apprised of those changes, responsibility for completing all program requirements rests solely with the student.

First Year - Fall

- PSY 6051 - Data Analysis, Research Design and Program Evaluation
- PSY 6123 - Cultural Diversity Training (1 unit)
- PSY 6501 - Intellectual Assessment *
- PSY 6509 - Supervision Experience (0 units) **
- PSY 6520 - Introduction to Psychotherapy (2 units)
- PSY 6523 - Advanced Psychopathology

- PSY 7571 - Second Year Clinical Practicum (2 units)

Second Year - Spring

- PSY 7572 - Second Year Clinical Practicum (2 units)
- PSY 7912 - PsyD Proposal Development

Second Year - Fall or Spring

- PSY #### - 1 Required Intervention Course
- PSY #### - 4 of 5 Required Foundational Science Courses ***
- PSY #### - Electives (2 units)

Note:

* Assessment course (PSY6506) require weekly participation in both 3-hour instruction and 1-hour lab (scheduled separately).

** Specific courses listed above in the Fall and Spring of Second Year are required to be taken in the semester they are listed. However, students should also expect to take 4 out of 5 Foundational Sciences Courses (The first Foundational Course is taken in the First Year); 1 required Intervention course; and at least one 2-unit Elective in their Second Year.

***** List of Required Foundational Science Courses (to be taken by end of the Second Year)**

- PSY 6101 - Cognitive and Affective Bases of Behavior
- PSY 6112 - Social Basis of Behavior
- PSY 6140 - Developmental Psychology/Lifespan Development
- PSY 7106 - Biological Foundations of Clinical Practice
- PSY 7112 - History and Systems of Psychology

Third Year - Fall

- PSY 8509 - Supervision Seminar
- PSY 8568 - Consultation/Education in Clinical Practice (2 units)

- PSY 9532 - Full-Time Predoctoral Internship in Clinical Psychology (11 units)

Fourth Year - Summer

- PSY 9533 - Full-Time Pre-Doctoral Internship in Clinical Psychology (8 units)

Note(s):

Students may request an exception to participate in a 2-year, half-time internship (PSY9561-PSY9566) in place of a 1-year, full-time internship.

Several courses are offered through online/distributed learning formats. Students may complete all electives in an online/distributed learning format. Other required courses, including assessment, intervention, and ethics courses must be taken in person. The CSPP section of Online Coursework describes the equipment and software needed for full participation in these courses.

Licensure

All psychologists who offer direct services to the public for a fee must be licensed or certified by the state in which they practice. Applicants for licensure in the state of California must hold an earned doctoral degree in psychology, educational psychology, education with a specialization in counseling psychology, or education with a specialization in educational psychology from an approved or accredited educational institution. They also must have completed 3,000 hours of supervised professional experience (of which at least 1,500 must be postdoctoral) and have taken and passed the national Examination for Professional Practice in Psychology (EPPP) and the California Psychology Supplemental Examination (CPSE). In addition, they must submit evidence of having completed coursework in human sexuality, child abuse, substance abuse, spousal abuse, and aging and long-term care. Continuing education is required to maintain the license. CSPP doctoral course requirements are designed to fulfill the programmatic requirements for licensure in California, and in some cases they exceed the requirements.

Every state has its own requirements for licensure. Therefore, it is essential that all CSPP Clinical PsyD and PhD students who plan to apply for licensure in states other than California contact the licensing board in those states for information on state requirements (e.g., coursework, practicum and internship hours,

Please visit the "About CSPP Programs" section of our [website](#) to view these data.

Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation

American Psychological Association

750 1st Street, NE, Washington, DC 20002

Phone: (202)336-5979

Email: apaaccred@apa.org

Web: www.apa.org/ed/accreditation

Clinical PsyD Program Faculty: Sacramento

Matthew Baity, PhD, Professor and Program Director

Beth Limberg, PhD, Professor

Carl Mack, PhD, Associate Professor

Suni Petersen, PhD, Professor

John Preston, PhD, ABPP, Lecturer and Professor Emeritus

Emil Rodolfa, PhD, Professor

Ronald W. Teague, PhD, ABPP, Professor

For a detailed description of program faculty background and research interests, please see the alphabetical

listing of [faculty](#) for the California School of Professional Psychology.
