

BOARD OF SUPERVISORS  
COUNTY OF LAKE, STATE OF CALIFORNIA

*Proclamation*

**Designating the Month of May 2021 as  
Maternal Mental Health Awareness Month in Lake County**

**WHEREAS:** Maternal mental health is an issue of great concern to Lake County's parents, families, and health care providers, and

**WHEREAS:** These disorders can affect any mother, regardless of age, race, or income level, and

**WHEREAS:** Many women are not adequately informed about, screened, or treated for pregnancy and postpartum mood and anxiety disorders; and

**WHEREAS:** Heightened awareness and stigma reduction are essential for improving outcomes for mothers, children, families, and communities, and

**WHEREAS:** Pregnancy and postpartum mood and anxiety disorders are highly treatable through therapeutic intervention, community-based supportive services, and medication; and

**WHEREAS:** Health service providers and community support systems must be able to identify risk factors and symptoms in order to provide prompt diagnosis, treatment, and support services that enable full and speedy recovery, and

**WHEREAS:** Mother-Wise is a proactive program that helps mothers and families through the transition with a new baby to prevent and lessen the effects of perinatal mood and anxiety disorders. Funded through Lake County Behavioral Health by Proposition 63—The Mental Health Services Act, Mother-Wise also enjoys the support of many other local and regional programs, including Sutter Lakeside Community Clinic, Sutter Lakeside Hospital Family Birth Center, Lake County Tribal Health Consortium, Lake County Public Health, Lake Family Resource Center, Redwood Community Services, Inc. NEST Program, Children's Council, Adventist Health Clear Lake, MCHC-Lakeview Health Center, First 5 Lake Commission, Centro Latino "La Voz de La Esperanza" (Latino Wellness Center "The Voice of Hope"), Circle of Native Minds Wellness Center, Bloom, Lake County Breastfeeding Coalition, Easter Seals Bay Area, E Center WIC Program, Health Leadership Network, and The Maternal, Child, Adolescent Health Advisory Board. These diverse groups are working with Mother-Wise to reduce the frequency and severity of perinatal mood disorders in Lake County.

**NOW THEREFORE BE IT PROCLAIMED** that the Board of Supervisors of the County of Lake does hereby designate the month of May, 2021 as Maternal Mental Health Awareness Month, and does commend this observance to all citizens.

PASSED AND ADOPTED this 4<sup>th</sup> day of May, 2021

ATTEST: CAROL J. HUCHINGSON  
Clerk of the Board of Supervisors

COUNTY OF LAKE

By: Deputy

Chair, Board of Supervisors