

MHSA FY21-22 Annual Update: Board of Supervisors Presentation

August 31, 2021

Lake County Behavioral Health Services

Mental Health Services Act Background

MHSA Background & Overview

- Proposition 63 passed on November 2, 2004
- 1% tax on income over \$1 million to *expand* and *transform* mental health services

Wellness,
Recovery, &
Resilience

Cultural
Competence

Client &
Family Driven
Services

Integrated
Service
Experience

Community
Collaboration

MHSA Background & Overview

CSS: Community Services & Supports (76%)

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

PEI: Prevention & Early Intervention (19%)

Prevent the development of mental health problems, and screen for and intervene with early signs

INN: Innovation (5%)

Test new approaches that may improve outcomes

WET: Workforce Education & Training

Build, retain, and train public mental health workforce

CFTN: Capital Facilities & Technology Needs

Infrastructure support (electronic health record, MH facilities)

Annual Update & Community Planning Process: Overview



Purpose of Annual Update:

To provide updates to the adopted MHSA Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY19-20
- Program changes beginning in FY2021-22, based on needs assessment and stakeholder input



Development of the Annual Update:

- **Stakeholders:** Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs
- **LCBHS:** Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies
- **Behavioral Health Board:** Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing
- **Board of Supervisors:** Review and approve the MHSA Annual Update

FY19-20 Program Participation & Outcomes

MHSA Background & Overview: FY20 -21 MHSA Programs

Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects

Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination

Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

Workforce Education & Training (WET)

- Workforce, Education, & Training

MHSA Program Participation & Demographic Information

Total Numbers Served:

CSS Programs **247 Consumers**

PEI Programs **7,568 Consumers**

INN Program **49 Consumers**

Data Notes:

- Total number served may represent duplicated consumers if individuals participated in more than one program
- Race / ethnicity sum to more than 100% as some individuals reported multiple races or ethnicities. Another race/ethnicity includes: Asian, Black/African American, Native Hawaiian/Pacific Islander, and Other.
- Demographic characteristics of INN program consumers was reported differently due to the relatively low number of consumers, and is not presented here

Demographic Characteristic	CSS Programs % of Consumers	PEI Programs % of Consumers
Age		
Children/Youth (0-15)	3%	4%
Transition Age Youth (16-25)	15%	8%
Adult (26-59)	58%	82%
Older Adult (60+)	25%	6%
Race / Ethnicity		
Caucasian/White	83%	82%
Hispanic/Latino	12%	41%
American Indian/Alaska Native	8%	8%
Two or More Races	5%	2%
Another Race/Ethnicity	6%	7%
Language		
English	98%	67%
Spanish	2%	33%
Current Gender Identity		
Female	48%	69%
Male	51%	31%
Other	<1%	--

Full Service Partnership Outcomes

Community Needs Assessment Findings

Needs Assessment Participation

Activity	Date	Participants
Community Survey	January – March 2021	17
Community Meetings	February 2021 & April 2021	104
Public Hearing	July 22, 2021	49
TOTAL		170

Survey and Community Meeting Stakeholder Affiliation



Key Themes: Strengths and Challenges

STRENGTHS

- **Telehealth and virtual services** help some consumers continue engaging in services
- LCBHS is **leveraging social media** to share information
- There is greater **compassion and understanding** of mental health challenges

CHALLENGES

- **Telehealth and virtual services** are not accessible to or appropriate for everyone
- Some community members and providers **lack the necessary technology** for virtual services
- **Outreach has been more challenging** with social distancing and in-person restrictions

Key Themes: Community Needs

COMMUNITY NEEDS

- Populations experiencing increased needs:
 - **Teens**
 - **Older Adults**
 - Chronically homeless
 - Parents of young children / teens
 - Clearlake and south County
- **Increased needs and demand for services:** mood disorders, substance use, suicidal ideation
- **More complex needs** with other financial, relational, social stressors
- **Increased options for service delivery:** in-home, field-based, tech loans
- **More outreach and prevention services** , particularly for mild-to-moderate needs
- **Transportation assistance and support** as programs reopen
- **More community health workers and peer support counselors** to extend the workforce
- Improved **internal collaboration** between LCBHS and contract providers
- Improved **coordination** between LCBHS and **external agencies**
- Better integration of **disaster and emergency preparedness plans** into mental health service delivery
- **Improved collection, use, and sharing of data** to inform decision-making

Proposed FY21 -22 MHSA Program Modifications

FY21-22 MHSA Program Modifications

Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- ***Mental Health First Aid (Modified)***
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects
- ***Street Outreach Program (New)***

Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination (*MHSA funding ending, but program continuing*)
- ***Multi-County Full Service Partnership Innovation Collaborative (New)***

Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

Workforce Education & Training (WET)

- Workforce, Education, & Training

FY21-22 MHSA Program Modifications

New Programs and Modifications:

- **Street Outreach Program:** New mobile outreach services offering mental health services, resources, referrals, and service linkages
- **Multi -County FSP Innovation Collaborative:** New statewide collaborative to develop and implement data-driven strategies to better coordinate FSP delivery, operations, data collection, and evaluation.
- **Mental Health First Aid:** Expansion and designation as stand-alone program of existing initiative training community members on how to identify and respond to signs of mental illness

Other Notable Progress Updates:

- LCBHS **hired WET coordinator** to lead workforce training, recruitment, and retention efforts
- **Early Intervention Services received grant** to strengthen early psychosis programming
- LCBHS **awarded Whole Person Care grant** to support care coordination efforts

LCBHS FY21-22 MHSA Program Budget Request Summary

MHSA Component	FY21-22 Estimated MHSA Expenditures
All Community Services & Supports (CSS) Programs	\$3,895,000
All Prevention & Early Intervention (PEI) Programs	\$1,003,140
All Innovation (INN) Programs	\$359,390
All Workforce, Education, and Training (WET) Programs	\$235,000
All Capital Facilities & Technology Needs (CFTN) Programs	\$450,664
TOTAL	\$5,943,194
Estimated Local Prudent Reserve: \$836,050	

Thank you!