



Legislation Text

File #: 24-448, Version: 1

Memorandum

Date: May 7, 2024

To: The Honorable Lake County Board of Supervisors

From: Elise Jones, Behavioral Health Services Director

Subject: Adopt Proclamation Designating the Month of May 2024 as Mental Health Matters Month.

Executive Summary:

Every day, millions of people face stigma related to mental illness, causing many to face their mental health challenges for years without help. Each May, Mental Health Matters Month provides the opportunity for everyone to come together to illuminate mental health awareness to stop the stigma. Bringing forth this awareness is crucial to helping people reach out for the assistance they deserve.

WHEREAS, mental health challenges are one of the most common health conditions in California, affecting one out of seven adults, and one out of fourteen youth, and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, one out of every twenty-six Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, access to support and ending the stigma is of paramount importance; and

WHEREAS, Lake County Behavioral Health Services wishes to enhance public awareness of mental health now.

NOW, THEREFORE, BE IT PROCLAIMED the Board of Supervisors of the County of Lake join with the Department of Behavioral Health Services and do hereby designate the month of May 2024 as Mental Health Matters Month in Lake County.

If not budgeted, fill in the blanks below only:

Estimated Cost: _____ Amount Budgeted: _____ Additional Requested: _____ Future Annual Cost: _____

Purchasing Considerations (check all that apply):

☒ Not applicable

- ☐ Fully Article X. <https://library.municode.com/ca/lake_county/codes/code_of_ordinances?nodeId=COOR_CH2AD_ARTXPU_S2-38EXCOBI>- and/or Consultant Selection Policy <http://lcnet.co.lake.ca.us/Assets/Intranet/Policy/Policies+26+Procedures+Manual/Ch4_2021v2.pdf>-Compliant (*describe process undertaken in "Executive Summary"*)
- ☐ Section 2-38 <https://library.municode.com/ca/lake_county/codes/code_of_ordinances?nodeId=COOR_CH2AD_ARTXPU_S2-38EXCOBI> Exemption from Competitive Bidding (*rationale in "Executive Summary," attach documentation, as needed*)
- ☐ For Technology Purchases: Vetted and Supported by the [Technology Governance Committee](http://lcnet.co.lake.ca.us/Assets/Intranet/Intranet+Forms/Information+Technology/AdvPlan.pdf) <<http://lcnet.co.lake.ca.us/Assets/Intranet/Intranet+Forms/Information+Technology/AdvPlan.pdf>> ("Yes," if checked)
- ☐ Other (*Please describe in Executive Summary*)

Consistency with Vision 2028 <<http://www.lakecountycalifornia.gov/Government/Directory/Administration/Visioning/Vision2028.htm>>

(check all that apply):

- | | | |
|---|--|--|
| ☒ Well-being of Residents | ☐ Not applicable | |
| ☐ Economic Development | ☐ Public Safety | ☐ Disaster Prevention, Preparedness, Recovery |
| ☐ Community Collaboration | ☐ Infrastructure | ☐ County Workforce |
| | ☐ Business Process Efficiency | ☐ Clear Lake |

Recommended Action: Adopt Proclamation Designating the Month of May 2024 as Mental Health Matters Month.