Legislation Details (With Text)

File #:	22-370	**Version:**	2	**Name:**	
Type:	Action Item			**Status:**	Agenda Ready
File created:	4/14/2022			**In control:**	BOARD OF SUPERVISORS
On agenda:	5/3/2022			**Final action:**	
Title:	Adopt Proclamation Recognizing May 2022 as Mental Health Matters Month in Lake County				
Sponsors:	Behavioral Health Services				
Indexes:					
Code sections:					
Attachments:	1. Proclamation_mental Health Matters Month				

Date	Ver.	Action By	Action	Result

Memorandum

Date: May 3rd, 2022

To: The Honorable Lake County Board of Supervisors

From: Todd Metcalf, MPA Director Behavioral Health Services Department

Subject: Adopt Proclamation Recognizing May 2022 as Mental Health Matters Month in Lake County.

Executive Summary:

This proclamation recognizes May 2022 as Mental Health Matters Month in Lake County to enhance public awareness of mental health and dispel the stigma surrounding it.

BOARD OF SUPERVISORS
COUNTY OF LAKE, STATE OF CALIFORNIA

Proclamation

May 2022 is Mental Health Matters Month

This proclamation recognizes May 2022 as Mental Health Matters Month in Lake County to enhance public awareness of mental health and dispel the stigma surrounding it.

WHEREAS, Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those who care and love the person facing the challenge; and

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WHEREAS, One out of every 24 Californians with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, More than16% of Lake County adults surveyed feel that their mental health, which includes stress, depression, and problems with emotions, was not good for 14 or more of the past 30 days; and

WHEREAS, In Lake County, the age-adjusted death rate is 29.3 per 100,000 population due to suicide, compared to 10.7 per 100,000 in California; and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to support and ending the stigma is of paramount importance; and

WHEREAS, The Board of Supervisors and Behavioral Health Services of Lake County wishes to enhance public awareness of mental health;

PASSED AND ADOPTED this 3rd day of May, 2022

ATTEST: SUSAN PARKER
Interim Clerk of the Board

COUNTY OF LAKE

_____
By: Deputy

_____
Chair, Board of Supervisors

If not budgeted, fill in the blanks below only:
Estimated Cost: _N/A_ Amount Budgeted: ___ Additional Requested: _____ Future Annual Cost: _____

Consistency with Vision 2028 (check all that apply): ☐ Not applicable

☒ Well-being of Residents	☐ Public Safety	☐ Disaster Prevention, Preparedness, Recovery
☐ Economic Development	☐ Infrastructure	☐ County Workforce
☐ Community Collaboration	☐ Business Process Efficiency	☐ Clear Lake

Recommended Action: Adopt Proclamation Recognizing May 2022 as Mental Health Matters Month in Lake County.