



Legislation Text

File #: 22-408, Version: 1

Memorandum

Date: May 3, 2022

To: The Honorable Lake County Board of Supervisors

From: Johanna DeLong, Assistant Clerk of the Board

Subject: Adopt Proclamation Designating May, 2022 as Maternal Mental Health Awareness Month

Executive Summary

Proclamation

Designating the Month of May 2022 as Maternal Mental Health Awareness Month in Lake County

WHEREAS: Maternal mental health is an issue of great concern to Lake County's parents, families, and health care providers, and

WHEREAS: These disorders can affect any mother, regardless of age, race, or income level, and

WHEREAS: Many women are not adequately informed about, screened, or treated for pregnancy and postpartum mood and anxiety disorders; and

WHEREAS: Heightened awareness and stigma reduction are essential for improving outcomes for mothers, children, families, and communities, and

WHEREAS: Pregnancy and postpartum mood and anxiety disorders are highly treatable through therapeutic intervention, community-based supportive services, and medication; and

WHEREAS: Health service providers and community support systems must be able to identify risk factors and symptoms in order to provide prompt diagnosis, treatment, and support services that enable full and speedy recovery, and

WHEREAS: Mother-Wise is a proactive program that helps mothers and families through the transition with a new baby to prevent and lessen the effects of perinatal mood and anxiety disorders. Funded through Lake County Behavioral Health by Proposition 63-The Mental Health Services Act, Mother-Wise provides the support and services necessary to meet our mission of helping new moms understand that if they feel depressed they are not alone, and effective resources are available to support them. For over 12 years, Mother-Wise has provided this essential support free of charge to thousands of mothers and families in Lake County. Last year, Mother-Wise became a nonprofit organization strengthening our dedication and commitment to moms in Lake County. Mother-Wise conducts maternal mental health screenings, offers peer

support and mothers' groups, host an online Village community, and operates a closet of maternity and baby items given to local families. These services, which help new moms create a network of support close to home reach over 1,000 Lake County mothers and families annually. Mother-Wise supports all of the grandmothers, daughters, aunties, sisters, and mothers of Lake County coming together in support of maternal mental health month. Maternal mental health now leads to stronger families and communities tomorrow.

NOW THEREFORE BE IT PROCLAIMED that the Board of Supervisors of the County of Lake does hereby designate the month of May, 2022 as Maternal Mental Health Awareness Month, and does commend this observance to all citizens.

PASSED AND ADOPTED this 3rd day of May, 2022

ATTEST: SUSAN PARKER
Interim Clerk of the Board

COUNTY OF LAKE

By: Deputy

Chair, Board of Supervisors

If not budgeted, fill in the blanks below only:

Estimated Cost: _____ Amount Budgeted: _____ Additional Requested: _____ Future Annual Cost: _____

Consistency with Vision 2028 (check all that apply):

☐ Not applicable

- ☐ Well-being of Residents
- ☐ Economic Development
- ☐ Community Collaboration

- ☐ Public Safety
- ☐ Infrastructure
- ☐ Business Process Efficiency

- ☐ Disaster Prevention, Preparedness, Recovery
- ☐ County Workforce
- ☐ Clear Lake

Recommended Action: Adopt Proclamation Designating May, 2022 as Maternal Mental Health Awareness Month.